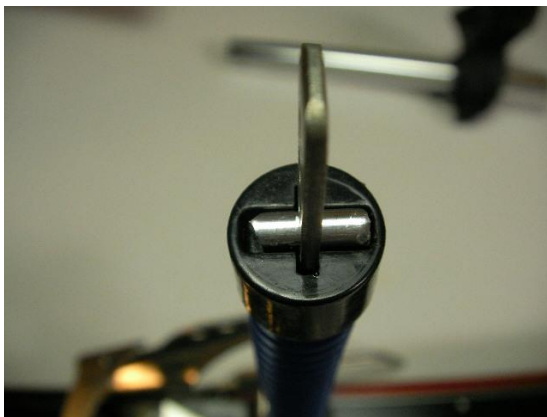


These instructions describe changing or adjusting spring for Telebulldog heel attachment.



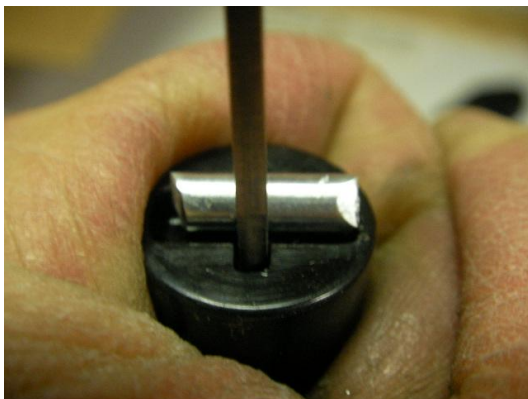
Remove bolt across front of aluminum spring house and slide the tube off.



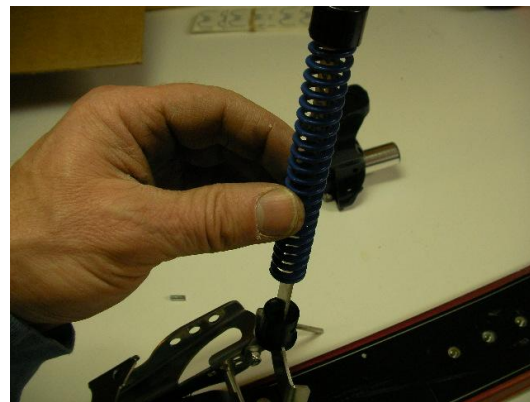
The spring is held in place by a pin across the end of the spring bar.



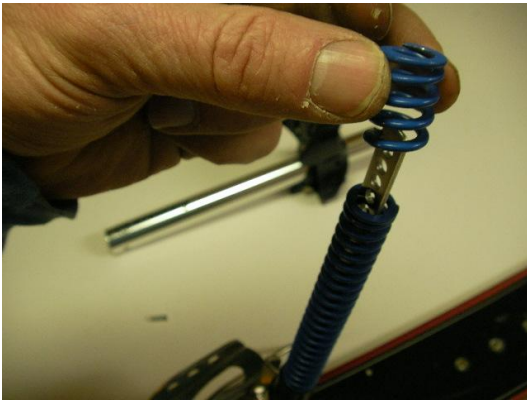
The spring bar has a series of holes in it so you can add or release tension on the spring (preload), and accommodate different length spring.



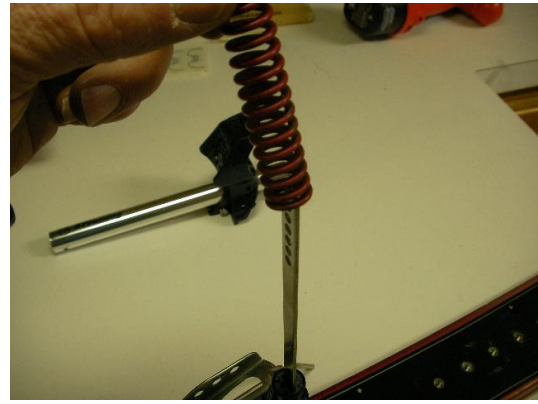
To remove the pin, grasp the spring as pictured above and push down on it. This releases the tension on the pin so you can slide it out of the hole. You can then replace the pin in a hole further up or down on the spring bar to change the amount of tension in the spring.



You can also slide the spring off the spring bar to change it or add more length.



Adding length...



Replacing with heavier spring...



The spring is wrapped with a Teflon tape to prevent friction and squeaking inside the tube.



Slide tube back on and replace bolt when you are finished adjusting the spring.

Larger boots require longer springs to accommodate the increased travel length during telemark turn.

Too much spring tension causes the spring to bottom out... more likely to have a system failure like pulling the mounting screws out of the ski.

It is better to start with less tension add later as you get used to the system.

Make sure the lock nut is tight when replacing the bolt at the end of the spring tube.